HEARING | 6 quick tips for easy communication

Nonverbal communication is the single most powerful form of communication.





1

LISTEN WITH YOUR EYES

Give the speaker your full attention.

Watch for visible speech movements, facial expressions and body gestures.



93% of communication is non-verbal.

Tell your

BE HONEST

Tell your family and friends about your hearing loss. Be assertive; tell others how best to talk to you and set realistic expectations.



SAY WHAT?!

Ask for clarification when necessary; ask people to rephrase or slow down.



4

AVOID THE CROWD

Avoid areas that are poorly lit and very noisy when possible. Limit the number of people you speak with at one time. Be aware that groups speak at a faster rate. Make sure you sit within 3-6 feet of the speaker.

5

LEAD THE CONVERSATION

Initiate topics of conversation based on your choice and participate. Being aware of current events can also help understanding the conversation.



KEEP UP YOUR SENSE OF HUMOR Stay positive and relax.



Call 1-844-267-5436

to find a hearing care provider near you and schedule a hearing exam.



So you can hear all the sweet sounds of life

1 in 9 Americans has hearing loss.² But did you know there's also a connection between hearing and vision loss?¹ In fact, mature adults and diabetics are more likely to experience both.³

life's sights – and sounds – to the fullest. That's why EyeMed members have access to affordable hearing care discounts through Amplifon, the world's largest distributor of hearing aids and services.



Hearing and vision loss can go hand in hand.¹



95% of hearing loss can be treated with hearing aids.²

EyeMed's top priority is your total health and wellness. We want you to enjoy all





Call 1-844-526-5432 to find a hearing care provider near you and schedule a hearing exam today.



60-day hearing aid trial period with no restocking fees



Free batteries for 2 years with initial purchase



3-year warranty plus loss and damage coverage



¹Association Between Vision and Hearing Impairments and Their Combined Effects on Quality of Life, October 1, 2006, Vol 124, No. 10, http://archopht.jamanetwork.com/article.aspx?articleid=418658 ² AmplifonUSA.com/hearing-loss-information

³ Health Day, U.S. News: http://health.usnews.com/health-news/news/articles/2012/11/16/hearing-loss-tied-to-diabetes-in-study