

Benefit Briefs

WEBSITE UPDATES

The A&M System Benefits Administration website has gotten a face lift! Take a look at the new site and check out valuable information about your benefit plans and additional programs. Can't find something? Let us know at: employeebenefits@tamus.edu. Your comments can help make our website better!

ALTERNATIVE HEALTH ASSESSMENT (HA)

Blue Cross and Blue Shield of Texas (BCBSTX) offers an extended HA through Well onTarget as an alternative to the MyEve HA.

One of the HAs must be completed to qualify for the \$30 wellness premium credit. The credit is only available to employees and spouses enrolled in the A&M Care Plan, as retirees already receive the lowest premium. Log in [here](#).



GETTING READY FOR OPEN ENROLLMENT: Treasure Your Health

Open Enrollment is right around the corner and it is a great time to review your benefits. How often did you go to the dentist this past year? Are you filling maintenance prescriptions that might be cheaper through mail order? Did you get your wellness exam and take the Health Assessment? These are questions to consider when thinking about next year's benefit elections.

Here are plan updates for September 1:

- The employee premium for full-time employees and retirees enrolled in the A&M Care Plans will remain the same for the fourth year in a row!
- Delta Dental HMO premiums increased slightly.
- The Graduate Student Health Plan prescription drug copays at retail pharmacies outside the Student Health Center (SHC) will change from \$15/\$30/\$60 to \$10/\$35/\$60. Prescription drug copays at the SHC will decrease from \$15 to \$10/\$35. The annual out-of-pocket maximum will increase from \$6,350 to \$7,900. The annual medical deductible will increase from \$350 to \$500. Premiums will increase slightly as well.
- Blue Cross and Blue Shield is launching

Wellbeing Management, an improved patient relationship experience, which will change the phone numbers to Blue Value Advisor, Nurseline, and Provider Finder. All calls should be made to Blue Cross and Blue Shield of Texas' customer service number at 1-866-295-1212.

- The new Employee Assistance Program provider will be ComPsych. Also new this fall, this benefit will be available to both employees and retirees. More information will be available in the August issue.
- The tobacco surcharge now applies to those using e-cigarettes. It previously included smoking and smokeless tobacco only.
- Express Scripts has added a program called RX Pets which provides savings on human medications that pets use. Simply go to Insiderx.com/pets and download the savings card to enjoy savings on pet medications at over 44,000 pharmacies.
- Express Scripts will be contacting appropriate members about the

Pulmonary Care Value Program, beginning September 1, for asthma and COPD medication users. The program includes one-on-one clinician support, and remote monitoring devices for high-risk patients. It will require those taking maintenance medications for these conditions to get their 90-day prescription refills from Walgreens, home delivery, or certain local pharmacies. This is very similar to the Diabetes Care Value Program and can help keep members on track with their medications.

- Diagnostic and preventive cleaning and x-rays will not count towards your \$1,500 maximum annual benefit in the Dental PPO Plan. Employees can now get posterior (all teeth) composite, colored filling coverage, excluding metal fillings.
- The Healthcare Flexible Spending Account maximum annual election will increase from \$2,650 to \$2,700.

GRANDCHILD DEPENDENT RE-CERTIFICATION

The criteria for covering dependent grandchildren on your insurance has changed. According to Texas Insurance Code Section 1251.151, in order to be considered an eligible dependent, your grandchild(ren) must be claimed as a dependent on your income tax return. If you are an employee or retiree covering your grandchild as a dependent, you should re-certify your dependent in Workday and submit new documentation through HRConnect Legacy.

Accepted grandchild documentation is a copy of the portion of your most recent income tax return that states you are claiming your grandchild as a dependent. You may redact (cross out) any proprietary information. Contact your human resources office if you have any questions.

DON'T FORGET THE HEALTH ASSESSMENT

Employees and spouses enrolled in the A&M Care Plan can complete an annual wellness exam and the MyEvoke Health Assessment* to ensure the lowest rate for their health insurance premium.

Highlights of the Wellness Program:

- Have a wellness exam and complete the Health Assessment in MyEvoke between September 1 and June 30.
- A premium credit of \$30 per month will be applied for each individual (you and your spouse) who completes the wellness exam and health assessment by the June 30 deadline.
- Retirees will automatically receive the lower premium.

You can take the HA or verify your completion status for the wellness premium incentive by logging into or registering for your MyEvoke account at tamus.myevive.com.

Contact MyEvoke member services if you believe you have completed the two steps, but the information is not reflected in your MyEvoke account (note: remember that it can take 6 to 8 weeks from the time of your wellness exam for the claim to

process and the incentive to show on your MyEvoke account).

**The alternate health assessment available on Well onTarget through BCBS Blue Access for Members (BAM) can count as the HA piece of your wellness credit. If you take this HA, the credit will not show up in MyEvoke, but will show up in Workday.*

SHINGLES VACCINATIONS AND MEDICARE PART D

The Centers for Disease Control and Prevention (CDC) recommends that healthy adults 50 years and older get two doses of the shingles vaccine, called Shingrix, separated by 2 to 6 months, to prevent shingles and complications from the disease. Even if you have had shingles in the past, you can get Shingrix to help prevent future occurrences. If you are retired and enrolled in the 65 PLUS plan with Medicare Part D Prescription drug coverage, you can get the shingles vaccination with a prescription from your doctor. HEB partners with your BCBS health plan to cover the Shingrix vaccination. Contact your local HEB today to see if they carry the vaccination and schedule an appointment.

MEDICARE PART D SPOUSE ID NUMBERS

If you and your spouse are enrolled in the 65 Plus plan, you received new Express Scripts ID Cards. One of the changes associated with the Medicare Part D prescription drug plan transition in January was that spouses have their own record in the prescription drug plan under their own ID number.

You can log into Workday to find your spouse's ID number should you ever need it.

1. Log in to Workday via [Single Sign On](#) (SSO).
2. Click on the Benefits Worklet from your Workday Dashboard.
3. Click View Dependents.
4. Select your spouse's name.
5. At the top, the ID number can be found after the dash.