Kenya: A recent upsurge of cholera cases in Kenya's capital, Nairobi, has infected at least 58 people. Cholera cases have also been detected in the counties of Narok, Kajiado, Garissa, and Machakos. Travelers are advised to monitor the latest updates from the World Health Organization.

Mali: A United Nations convoy was targeted by an improvised explosive device attack in the Mopti region on April 20, 2019, reportedly killing one peacekeeper and injuring four others. In addition, at least 10 Malian soldiers were killed in an attack in the Koulikoro region on April 21. The attacks followed Prime Minister Soumeylou Boubèye Maïga’s resignation on April 18. Due to ongoing insecurity, it is advised to avoid travel to Mali, if possible.

Please be aware System Risk Management has asked all members to prohibit travel to extreme risk countries and regions. Please reference memorandum from the Chancellor regarding procedures relating to international travel to be followed by all System members found at this link:


Should you have any questions, please contact me directly. Thank you.

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COUNTRY TRAVEL ADVISORY LIST

Any travel to the below listed Extreme Risk countries or countries with an Extreme Risk region requires an International Travel Questionnaire submission to System Risk Management for review.

**EXTREME RISK**

1) Afghanistan  
2) Central African Republic (CAR)  
3) Iraq  
4) Libya  
5) Mali  
6) North Korea  
7) Somalia  
8) South Sudan  
9) Syria  
10) Venezuela  
11) Yemen

**EXTREME RISK REGIONS**

1) Algeria  
2) Azerbaijan  
3) Burkina Faso  
4) Burundi  
5) Cameroon  
6) Chad  
7) Colombia  
8) Congo  
9) Cuba  
10) Democratic Republic of the Congo (DRC)  
11) Ecuador  
12) Egypt  
13) Eritrea  
14) Ethiopia  
15) Georgia  
16) India  
17) Iran  
18) Israel  
19) Kenya  
20) Lebanon  
21) Mauritania  
22) Mexico  
23) Niger  
24) Nigeria  
25) Pakistan  
26) Philippines  
27) Russia  
28) Saudi Arabia  
29) Sudan  
30) Tunisia  
31) Turkey  
32) Ukraine
COUNTRY TRAVEL ADVISORY DETAILS BY RISK LEVEL

EXTREME RISK

Afghanistan
Risk Level: Extreme

Country Overview:

The security situation in Afghanistan is extremely dangerous. It is advised to avoid travel to Afghanistan, if possible. Travel to all areas of Afghanistan is unsafe due to the unstable security situation involving armed conflict, terrorism, crime, and civil unrest. There is an extreme risk to personal safety and security because of widespread military operations, terrorism and insurgent attacks, and high levels of kidnappings, hostage taking, suicide bombings, landmines, and vehicle-borne or other improvised explosive devices (IEDs).

It is advised not to travel to all districts in the following provinces of Afghanistan:

- Kapisa; Kunar; Nangahar; Laghman; Nuristan; Ghazni; Khost; Paktika; Paktiya; Logar Wardak; Kandahar; Uruzgan; Zabul; Helmand; Nimroz; Farah; Faryab; Jowzjan; Badakhshan; Baghlan; Kunduz and Takhar.

It is further advised not to travel to the following specific districts of Afghanistan:

- Kabul (Surobi district);
- Parwan (Charikar City, Bagram, Ghorband/Siaghir, Jabal Saraj, Kohi Saraj, Salang, Sayed Khel and Shinwari districts);
- Daikundi (Gizab and Kajran districts);
- Ghor (Dolina/ Du Layna and Pasaband districts);
- Herat (Shindand district);
- Balkh (Chaharbolak, Chamtal/Chimtal, Daulat Abad/Dawalatabad, Hairatan Port, Kaldar and Shortipa/Shur Tapa/Shor Tepah districts);
- Sar-e-Pul (Sar-e-Pul City and Sayad districts).

It is advised to limit all but essential travel to all other provinces and districts of Afghanistan.
**Central African Republic**  
*Risk Level: Extreme*

**Country Overview:**

The security situation in the Central African Republic (CAR) is extremely dangerous. It is advised to avoid travel to the CAR, if possible. Travel to all areas of the CAR is unsafe due to civil unrest and crime. There is an extreme risk to personal safety and security because of sectarian violence by armed groups and common criminal activities, such as armed robbery, aggravated battery, and homicide.

It is advised to limit all but essential travel to central Bangui between the Airport and the Oubangui River. It is further advised not to travel to the rest of Bangui and the Central African Republic.

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**Iraq**  
*Risk Level: Extreme*

**Country Overview:**

The security situation in Iraq is extremely dangerous. It is advised to avoid travel to Iraq, if possible. Travel to Iraq is unsafe due to armed conflict and terrorism. There is an extreme risk to personal safety and security because of active insurgent and terrorist groups, sectarian militias, and high levels of violence, kidnappings, suicide bombings, and vehicle-borne or other improvised explosive devices (IEDs). There have been protests and casualties in parts of Baghdad, Basra, and other southern governorates. Travelers should avoid large crowds and follow the advice of local authorities.

It is advised to avoid any travel to the following areas of Iraq: Anbar province, Ninewah province, Salah-Al-Din province, Diyala province, Tam'mim (Kirkuk) province, and in Erbil province, south of Road 80, and within 10km of the border with Ninewah province between Road 80 and Road 2. It is further advised to limit all but essential travel to the rest of Iraq, including the remainder of the Kurdistan region.
Libya
Risk Level: Extreme

Country Overview:

The security situation in Libya is extremely dangerous. It is advised to avoid travel to Libya. Travel to Libya is unsafe due to armed conflict, terrorism, civil unrest, and crime. There is an extreme risk to personal safety and security because of high levels of terrorist activity and crime, including kidnapping for ransom, suicide bombings, and the use of vehicle-borne or other improvised explosive devices (IEDs). Since April 4, 2019, armed clashes have taken place in areas to the south and west of the capital, Tripoli, between forces aligned with the UN-recognized Government of National Accord (GNA) and troops under the Khalifa Haftar-led Libyan National Army (LNA). According to the United Nations, at least 220 people, including combatants and civilians, have been killed in the fighting.

It is advised to avoid all travel to Libya.

Mali
Risk Level: Extreme

Country Overview:

The security situation in Mali is extremely dangerous. It is advised to avoid travel to Mali, if possible. Travel to Mali is unsafe due to political instability, crime, and terrorism. There is an extreme risk to personal safety and security because of terrorist activity and violent crime such as kidnapping and armed robbery. On March 17, 2019, Mali-based Al-Qaeda affiliate Jama’a Nusrat ul-Islam wa al-Muslimin (JNIM) attacked and briefly seized an army base in the village of Dioura, in central Mopti, killing 23 soldiers. On March 23, 2019, unidentified gunmen attacked two villages in Bankass Cercle in the Mopti region, killing more than 160 people. More recently, a United Nations convoy was targeted by an improvised explosive device attack in the Mopti region on April 20, 2019, reportedly killing one peacekeeper and injuring four others. In addition, at least 10 Malian soldiers were killed in an attack in the Koulikoro region on April 21. These latest attacks followed Prime Minister Soumeylou Boubèye Maïga’s resignation on April 18.

It is advised to avoid all travel to the provinces of Tombouctou, Kidal, Gao, and Mopti, as well as parts of the provinces of Kayes, Koulikoro, and Segou. It is further advised to limit all but essential travel to the rest of Mali.
North Korea
Risk Level: Extreme

Country Overview:
The security situation remains volatile on the Korean peninsula, and political tensions involving North Korea can change with little notice and with no warning. This poses an extreme risk to visitors. It is advised to avoid travel to North Korea, if possible. Travel to North Korea is unsafe due to the serious risk of arrest and long-term detention of foreign nationals. In addition, U.S. passports are not valid for travel to, in, or through North Korea without a specific validation from the Department of State.

It is advised to limit all but essential travel to North Korea.

Somalia
Risk Level: Extreme

Country Overview:
The security situation in Somalia is extremely dangerous. It is advised to avoid travel to Somalia, if possible. Travel to Somalia is unsafe due to crime, terrorism, and piracy. There is an extreme risk to personal safety and security because of terrorist activity and violent crime, such as kidnapping and murder, which is common throughout the country.

It is advised to avoid all travel to Somalia, including Somaliland except for the cities of Hargeisa and Berbera to which it is advised to limit all but essential travel.
South Sudan
Risk Level: Extreme

Country Overview:

The security situation in South Sudan is extremely dangerous. It is advised not to travel to South Sudan, if possible. Travel to South Sudan is unsafe due to crime and armed conflict. There is an extreme risk to personal safety and security because of armed clashes, border disputes, ethnic violence, and crime, including carjacking, shootings, ambushes, assaults, robberies, and kidnappings.

It is advised to avoid all travel to South Sudan.

Syria
Risk Level: Extreme

Country Overview:

The security situation in Syria is extremely dangerous. It is advised to avoid travel to Syria. Travel to Syria is unsafe due to armed conflict, terrorism, and civil unrest. There is an extreme risk to personal safety and security because no part of Syria is considered safe from violence. Widespread military operations, involving the use of chemical warfare, shelling, and aerial bombardment, have significantly raised the risk of death or serious injury.

It is advised to avoid all travel to Syria.
**Yemen**

Risk Level: **Extreme**

**Country Overview:**

The security situation in Yemen is extremely dangerous. It is advised to avoid travel to Yemen. Travel to Yemen is unsafe due to armed conflict, terrorism, civil unrest, and health. There is an extreme risk to personal safety and security because of ongoing military conflict, heightened terrorist activity, kidnappings for ransom, and unlawful detentions by rebel groups.

It is advised to avoid all travel to Yemen.

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**Venezuela**

Risk Level: **Extreme**

**Country Overview:**

The security situation in Venezuela is extremely dangerous. It is advised to avoid travel to Venezuela. Travel to Venezuela is unsafe due to ongoing political instability, crime, poor health infrastructure, and the arbitrary arrest and detention of foreign nationals. Political marches and demonstrations, which occasionally become violent, are frequent in all areas, and crime, such as homicide, armed robbery, kidnapping, drug trafficking, and carjacking, is common. On March 11, 2019, the U.S. Department of State announced the temporary suspension of operations of the U.S. Embassy in Caracas and the withdrawal of diplomatic personnel from Venezuela. U.S. citizens residing or traveling in Venezuela are advised to depart the country.

It is advised to avoid all travel to Venezuela.
Algeria

Risk Level: Moderate Risk + Extreme

Country Overview:

The security situation in some parts of Algeria is highly dangerous, with specific areas being extremely unsafe. It is advised to exercise increased caution in Algeria due to terrorism. There is an overall moderate level of risk to personal safety and security because terrorists are likely to carry out attacks, including kidnappings, and civil disturbances sometimes occur throughout the country. Since February 2019, mass protests have taken place across Algeria in demand of immediate political reform. Interim President Abdelkader Bensalah has announced that presidential elections will be held on July 4, 2019. Travelers should avoid political gatherings and demonstrations and follow local advice.

It is advised to avoid all travel to areas within: 30km of the borders with Libya, Mauritania, Mali and Niger, and 30km of the border with Tunisia in the provinces of Illizi and Ouargla and in the Chaambi mountains area. It is also advised to limit all but essential travel to within 30km of the remainder of the border with Tunisia.

Azerbaijan

Risk Level: Moderate Risk + Extreme

Country Overview:

The security situation in some parts of Azerbaijan is highly dangerous, with specific areas being extremely unsafe. It is advised to exercise increased caution in Azerbaijan due to the risk of terrorism and armed conflict. There is a moderate threat to personal safety and security because terrorist groups continue to plot attacks and casualties continue to occur in the Nagorno-Karabakh conflict with Armenia.

It is advised to avoid all travel to: Nagorno-Karabakh and the military-occupied area surrounding it; within 5km of the Line of Contact; and within 5km of the border with Armenia. Please note that anyone who has visited Nagorno-Karabakh without the permission of the Azerbaijani authorities will be refused entry to Azerbaijan.
Burkina Faso
Risk Level: High Risk + Extreme

Country Overview:

The security situation in Burkina Faso is highly dangerous, with some parts of the country being extremely unsafe. It is advised to reconsider travel to Burkina Faso due to terrorism and crime. There is a high level of risk to personal safety and security because of terrorist activity and common violent crime. On December 31, 2018, Burkina Faso declared a state of emergency in several parts of the country, including the whole of the Est and Sahel regions, the western provinces of Kossi and Sourou, the central-eastern province of Koulpélogo, the western province of Kénédougou, and the northern province of Lorum. Since then, dozens of people have died in ethnic clashes in areas under threat from Islamist militant attacks. There have been regular attacks on police, military personnel, and civilians, particularly close to the borders with Mali, Niger, and Cote d'Ivoire as well as in the Eastern Region. Further attacks are likely.

It is advised not to travel to the following parts of Burkina Faso: all areas of the country north of the town of Boulsa; within 40km of the western border with Mali; Sahel and Est Regions; and Koulpélogo Province in Centre-Est Region. It is also advised to limit all but essential travel to the rest of Burkina Faso, including the capital Ouagadougou.

Burundi
Risk Level: High Risk + Extreme

Country Overview:

The security situation in Burundi is highly dangerous, with certain areas of the country being extremely unsafe. It is advised to reconsider travel to Burundi. There is a high level of risk to personal safety and security because of ongoing political tensions, sporadic violence, clashes by armed groups, and serious crimes, such as armed robbery.

It is advised to avoid all travel to: Cibitoke and Bubanza provinces; areas of Bujumbura Rural province west of the Rusizi river towards the Democratic Republic of the Congo border, with the exception of the Rusizi Delta Nature Reserve; Ruvubu National Park; the road north of Bujumbura airport towards Cibitoke; and the main road running west from Kayanza through the Kibira National Park. It is also advised to limit all but essential travel to the rest of Burundi (excluding airside transit through Bujumbura International Airport).
Country Risk Summaries Cont.

**Cameroon**

**Risk Level:** Moderate Risk + Extreme

**Country Overview:**

The security situation in certain parts of Cameroon is extremely dangerous. It is advised to exercise increased caution in Cameroon due to crime, civil unrest, and terrorism. There is an overall moderate risk to personal safety and security because of terrorist activity in areas of northern and eastern Cameroon, as well as violent crime, such as kidnapping, armed robbery, assault, and carjacking, which is common. Armed separatists have announced extended general strikes in North West and South West regions in 2019. There have also been multiple clashes between security forces and armed groups over the past year in many places in North West and South West regions, including in the towns of Bafut, Tubah, Ndu, Widikum, and in Lebialem division. Travelers should be vigilant, keep a low profile, and monitor local media.

It is advised to avoid travel to: Far North Region; within 40km of the border with Nigeria, except Garoua in North Region; within 40km of the border with Chad; within 40km of the border with the Central African Republic (CAR); the Bakassi Peninsula; North West Region; and South West Region (including the towns of Buea, Muyuka, and Tiko in Fako Division), except Limbe in Fako Division. It is further advised to limit all but essential travel to: Limbe in Fako Division of South West Region and the rest of North and Adamawa Regions, including Garoua in North Region.

**Chad**

**Risk Level:** High Risk + Extreme

**Country Overview:**

The security situation in Chad is highly dangerous, with some parts of the country being extremely unsafe. It is advised to reconsider travel to Chad due to crime, terrorism, and the existence of minefields. There is a high level of risk to personal safety and security because of widespread violent crimes, such as armed robbery and mugging, as well as terrorist attacks and minefields along the borders with Libya and Sudan. A state of emergency remains in place for the Lake Chad region.

It is advised not to travel at all to the following areas in Chad: areas within 30km of all borders, except for the capital N’Djamena (where it is advised to limit all but essential travel); within 30km of Lake Chad and the parts of Kanem and Lac regions to the west of the towns of Mao and Bol; the regions of Ennedi, and Tibesti; and the region of Borkou, except within 30km of the town of Faya Largeau (where it is advised to limit all but essential travel). It is further advised to limit all but essential travel to the remaining parts of the country, including the capital, N’Djamena, and the town of Faya Largeau.
Country Overview:

The security situation in some parts of Colombia is highly dangerous, with specific areas being extremely unsafe. It is advised to exercise increased caution in Colombia due to crime and terrorism, and reconsider travel to several departments throughout the country. There is an overall moderate risk to personal safety and security because the National Liberation Army (ELN) continues to plot possible attacks, and violent and organized criminal activities, such as homicide, assault, armed robbery, extortion, and kidnapping, are common.

It is advised to avoid all travel to: the port of Buenaventura in the department of Valle de Cauca and the port of Tumaco in the department of Nariño. It is also advised to limit all but essential travel to: the departments of Putumayo, Arauca, Caquetá, Guaviare, Guainía, Vichada, and Norte de Santander (except their capital cities); the department of Cauca (except Popayán and between the San Agustín ruins in Huila and Popayán city); the department of Chocó (except Quibdó, Nuquí and Bahía Solano, and Capurganá); the department of Nariño (except Pasto and the Ipiales border crossing); the department of Meta (except Villavicencio, and Caño Cristales); within 5km of the Venezuelan border in the departments of La Guajira, César and Boyaca; and rural areas in northern Antioquia, southern Cordoba, southern Valle de Cauca, and southern Bolivar.

Country Overview:

The security situation in specific parts of the Republic of the Congo is extremely dangerous. It is advised to exercise increased caution while in the country due to crime and civil unrest. There is an overall moderate risk to personal safety and security because violent crime, such as armed robbery and assault, is common. In addition, political demonstrations and armed clashes can be unpredictable.

It is advised to avoid all travel to: the southern and western districts of the Pool region, including the Boko, Kindamba, Kinkala, Mayama, and Mindouli districts; the Mouyondzi district of Bouenza region; and within 50km of the border with the Central African Republic in Likouala region. It is further advised to limit all but essential travel to: Brazzaville region, except for the city of Brazzaville; and the Ngabe district of Pool region.
Cuba
Risk Level: Moderate Risk + Extreme

Country Overview:
The security situation in Cuba is relatively stable and characterized by a strong military and police presence. Although crime levels range from low to moderate, it is advised that travelers to the country be vigilant. American citizens should exercise increased caution in Cuba due to health attacks targeting numerous U.S. Embassy employees at diplomatic residences and at Hotel Nacional and Hotel Capri in Havana. The personal safety and security of other travelers to Cuba also may be at risk. While there is no recent history of terrorism in Cuba, attacks cannot be ruled out.

If you are traveling to Cuba, it is advised to avoid Hotel Nacional and Hotel Capri in Havana.

Democratic Republic of the Congo (DRC)
Risk Level: High Risk + Extreme

Country Overview:
The security situation in some areas of the Democratic Republic of the Congo (DRC) is highly dangerous, with specific parts of the country being extremely unsafe. It is advised to reconsider travel to the DRC due to civil unrest and crime. There is a high level of risk to personal safety and security because of the activities of rebel and other armed groups, potential civil unrest, and outbreaks of violence, including killing, rape, kidnapping, and pillaging. On August 1, 2018, the Ministry of Health of the Democratic Republic of the Congo (DRC) declared an outbreak of Ebola virus disease in North Kivu province, originating in Béni territory. On September 24, 2018, a case was also confirmed in Tchomia, approximately 200km north of the current outbreak hotspot of Beni. In addition, a new president was inaugurated on January 24, 2019. Opposition candidates have called for peaceful protests. Travelers should avoid any political rallies or demonstrations, monitor developments closely, and keep departure options under review.

It is advised to limit all but essential travel to: the city of Goma in North Kivu province; the city of Bukavu in South Kivu province; and the districts of N’djili and Kimbanseke in Kinshasa. It is further advised to avoid all travel to: the provinces of Kasai, Kasai Central, Kasai Oriental, Haut-Uele, Haut Lomami, Ituri, North Kivu (except the city of Goma), South Kivu (except the city of Bukavu), Maniema and Tanganyika; areas to the west and east of Kananga, including Tshikapa and Mwene-Ditu; and within 50km of the border with the Central African Republic and South Sudan.
Ecuador
Risk Level: Low to Moderate Risk + Extreme

Country Overview:
The security situation in some parts of Ecuador is highly dangerous, with specific areas being extremely unsafe. Travelers should be vigilant due to crime and terrorism. There is a heightened level of risk to personal safety and security in the northern border area with Colombia because it has a higher rate of crime, including kidnapping for ransom, than the rest of the country. On March 26, 2019, the active volcano Sangay, located in Morona Santiago province in the Amazon region, started a new eruption phase. The Ecuadorian Ministry of Tourism recommends that visitors do not hike up the crater or approach the upper areas of the volcano.

It is advised to avoid all travel within 20km of the northern border with Colombia, except for the official border crossing town of Tulcan in Carchi province. It is further advised to limit all but essential travel to the areas of Tarapoa and the Cuyabeno reserve outside the 20km exclusion zone in Sucumbios; the areas of El Angel Ecological Reserve inside the 20km exclusion zone in the province of Carchi; and all other areas of Esmeraldas province outside the 20km exclusion zone.

Egypt
Risk Level: Moderate Risk + Extreme

Country Overview:
The security situation in some areas of Egypt is highly dangerous, with a specific part of the country being extremely unsafe. It is advised to exercise increased caution in Egypt due to terrorism. There is an overall moderate risk to personal safety and security because there are a number of extremist organizations operating in Egypt.

It is advised to avoid all travel to the Governorate of North Sinai due to the significant increase in criminal activity and continued terrorist attacks on police and security forces.

It is also advised to limit all but essential travel to: the Governorate of South Sinai, with the exception of the area within the Sharm el Sheikh perimeter barrier, which includes the airport and the areas of Sharm el Maya, Hadaba, Naama Bay, Sharks Bay and Nabq (although travel by air to or from Sharm el Sheikh is not recommended); and the area west of the Nile Valley and Nile Delta regions, excluding the coastal areas between the Nile Delta and Marsa Matruh.
Eritrea
Risk Level: Moderate Risk + Extreme

Country Overview:

The security situation in some parts of Eritrea is extremely dangerous. It is advised to exercise increased caution in Eritrea due to travel restrictions, limited consular assistance, and political volatility. There is an overall moderate risk to personal safety and security because of ongoing instability, tensions with Ethiopia, and the presence of landmines.

It is advised to avoid all travel to within 25km of Eritrea's land borders, with the exceptions of the towns of Senafe and Tessenei, and the border crossings at Debay Sima – Burre, Serha – Zalambessa, and Kesadika (Adi Kuala) – Rama, plus the main paved roads leading to those crossings. All foreign nationals, including diplomats, must apply in advance for a travel permit to leave Asmara.
Ethiopia
Risk Level: Moderate Risk + Extreme

Country Overview:

The security situation in some parts of Ethiopia is highly dangerous, with certain areas of the country being extremely unsafe. It is advised to exercise increased caution in Ethiopia due to the potential for civil unrest, crime, and terrorism. There is an overall moderate risk to personal safety and security because the country has been experiencing sporadic and spontaneous unrest, and the Somali Regional State, as well as other border areas, presents a significant threat of terrorism. In addition, there has been ethnic violence in various parts of Addis Ababa. Several people were killed in recent attacks. Travelers should exercise particular caution around Addis Ababa and anywhere where large crowds are gathering.

It is advised to avoid all travel to: within 10 km of the border with Sudan and the other parts of the Kenyan border, with the exception of principal roads/towns; within 10km of the border with South Sudan; the Nogob (previously Fik), Jarar (previously Degehabur), Shabelle (previously Gode), Korahfe, and Dollo (previously Warder) zones of the Ethiopian Somali region; within 100km of the Ethiopian border with Somalia and Kenya in the Afder and Liben zones of Ethiopia’s Somali region; the four woredas (districts) (Akobo, Wantawo, Jikawo, and Lare) of the Nuer zone; and the Jore woreda of the Agnuak zone of the Gambella region.

It is further advised to limit all but essential travel to: within 10 km of the border with Eritrea, with the exception of: the main road through Axum and Adigrat, tourist sites close to the road (e.g. Debre Damo and Yeha), and the border crossings at Debay Sima - Burre, Serha – Zalambessa, and Kesadika (Adi Kuala) - Rama, plus the main roads to these border crossings; all other areas of the Ethiopian Somali Region, including Siti zone, Fafan zone (with the exception of the main road and railway line to Djibouti), and the areas of Liben and Afder zones more than 100km from the Somalia and Kenya borders; the woredas (districts) of Tsegede, Mirab Armacho, and Tach Armacho in North Gonder; and the two woredas (districts) of the Agnuak zone of the Gambella region that border on South Sudan (Dima and Goge), Etang Special Woreda, and the Gambella wildlife reserve.
Georgia
Risk Level: Low to Moderate Risk + Extreme

Country Overview:
The security situation in some areas of Georgia is highly dangerous, with specific parts of the country being extremely unsafe. It is advised to exercise increased caution in the Russian-occupied regions of South Ossetia and Abkhazia due to civil unrest, crime, and landmines. There is a heightened risk to personal safety and security in these parts of Georgia because Russian troops and border guards occupy both regions, and a number of attacks, criminal incidents, and kidnappings have occurred.

It is advised to avoid all travel to the breakaway regions of South Ossetia and Abkhazia, and limit all but essential travel to areas near the Administrative Boundary Lines with Abkhazia and South Ossetia.

India
Risk Level: Moderate Risk + Extreme

Country Overview:
The security situation in some parts of India is highly dangerous, with specific areas of the country being extremely unsafe. It is advised to exercise increased caution in India due to crime and terrorism. There is an overall moderate risk to personal safety and security because of terrorist and insurgent activity, civil unrest and the potential for armed conflict, and violent crime, such as sexual assault. Following a terrorist attack in the Kashmir region on February 14, 2019, there are heightened tensions between India and Pakistan. In addition, general elections are scheduled to take place between April 11 - May 19, 2019. Political rallies are expected to occur across the country during this time. Travelers should continue to exercise caution, avoid large gatherings, and monitor local news reports.

It is advised to avoid all travel to: the immediate vicinity of the border with Pakistan, other than at Wagah; Jammu and Kashmir, with the exception of travel within the city of Jammu, travel by air to the city of Jammu, and travel within the region of Ladakh; and the tourist destinations of Pahalgam, Gulmarg, and Sonamarg; and Manipur. It is also advised to limit all but essential travel to: the city of Srinagar; travel between the cities of Jammu and Srinagar on the Jammu-Srinagar national highway; and Imphal, the state capital of Manipur.
Country Risk Summaries Cont.

**Iran**  
**Risk Level:** High Risk + Extreme  

**Country Overview:**

The security situation in some parts of Iran is highly dangerous, with specific areas of the country being extremely unsafe. It is advised that U.S. citizens not travel to Iran due to the risk of arbitrary arrest and detention. Overall, there is a heightened level of risk to personal safety and security because of the potential for widespread protests and terrorism. On September 22, 2018, there was an attack on a military parade in Ahvaz, capital of Khuzestan province. At least 29 people were killed, and more than 60 others were wounded. Terrorists are very likely to attempt to carry out more attacks in Iran.

It is advised that all visitors not travel to: within 100km of the entire Iran/Afghanistan border; within 10km of the entire Iran/Iraq border; the province of Sistan-Baluchistan; and the area east of the line running from Bam to Jask, including Bam.

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**Israel**  
**Risk Level:** Moderate Risk + Extreme  

**Country Overview:**

The security situation in Israel, the West Bank, and Gaza is fluid, and certain areas are extremely unsafe. It is advised to exercise increased caution throughout Israel, the West Bank, and Gaza due to terrorism, civil unrest, and armed conflict. There is an overall moderate risk to personal safety and security because of clashes between Palestinians and Israeli authorities and settlers, as well as the significant threat of terrorism and regional hostilities. Travelers should note that there currently is a heightened risk of tension in the region. On March 15 and March 25, 2019, the Israeli Air Force announced that it had struck targets in Gaza in response to a number of rockets being fired towards southern and central Israel. In addition, there have been mass protests on the Gazan side of the Gaza/Israel perimeter fence since March 30, 2018. Missiles have been fired towards the Israeli-controlled Golan Heights on several occasions, and Israel has responded with air strikes in Syria. Travelers should follow the instructions of local authorities and keep up to date with local media.

It is advised to limit all but essential travel to the West Bank and within 5km of Gaza, and to avoid all travel to Gaza and the following areas of the Golan Heights: East of Route 98, Shebba Farms, Ghajjar, and within 500m of the border with Lebanon east of Metula, including the northern edge of town.
Kenya
Risk Level: Moderate Risk + Extreme

Country Overview:

The security situation in some areas of Kenya is highly dangerous, with specific parts of the country being extremely unsafe. It is advised to exercise increased caution in Kenya due to terrorism and crime. There is an overall moderate risk to personal safety and security because of terrorist attacks and violent crime, such as armed carjacking, mugging, home invasion, and kidnapping. From January 15-16, 2019, the Islamic militant group Al-Shabaab attacked the DusitD2 complex in Nairobi, killing more than 20 people and injuring dozens of others. On February 14, 2019, the U.S. State Department warned that credible information indicates that westerners may be targeted by extremists in Nairobi, coastal areas of Kenya, and the towns of Naivasha and Nanyuki. In addition, a recent upsurge of cholera cases in Kenya’s capital, Nairobi, has infected at least 58 people. Cholera cases have also been detected in the counties of Narok, Kajiado, Garissa, and Machakos. Travelers are advised to monitor the latest updates from the World Health Organization.

It is advised to limit all but essential travel to coastal areas from Lamu county to Mombasa and its outskirts, and to the A2 highway from Isiolo to Moyale. It is also advised to avoid all travel to border regions with Somalia, South Sudan, and Ethiopia.
Lebanon
Risk Level: High Risk + Extreme

Country Overview:

The security situation in Lebanon is highly dangerous, with some parts of the country being extremely unsafe. It is advised to reconsider travel to Lebanon due to crime, terrorism, and armed conflict. There is a high level of risk to personal safety and security because of terrorist activity, armed clashes, kidnapping, and outbreaks of violence near Lebanon’s borders with Syria and Israel.

It is advised to avoid all travel to: Palestinian refugee camps; the Hermel Area, including the towns of Arsal, Ras Baalbek, Qaa, Laboué, and Nahlé; and within 5km of the border with Syria.

It is advised to limit all but essential travel to: the southern suburbs of Beirut—defined as: south of the sports stadium and the Adnan Al Hakim road, which heads west from the stadium to the Beirut-Saida (Sidon) road down to the airport. This includes the neighborhoods of Bir Hassan, Ghobeiry, Chuya, Haret Hraik, Burj Al Brajne, Mraije, Er Rouais, and Laylake, but excludes the main airport highway, the Beirut-Saida (Sidon) road and west of there to the coast, and the area between the airport highway and the coast south of Abbas El Mousawi Road, including the Golf Club of Lebanon.

It is further advised to limit all but essential travel to: all other areas of Akkar district between 5km from the Syrian border and the Aabdeh, Halba, and Qoubaiyat highway, including the towns of Halba and Qoubaiyat; the city of Tripoli; the town of Brital, and the area around it up to 5km from the Syrian border, and south of Nahlé town, but excluding Baalbek town; the towns of Rachaiya, Hasbaiya, and Khiam, and the area between these towns up to 5km from the Syrian border; within 500m of the Ain el Hilweh Palestinian refugee camp in Saida (Sidon); and south of the Litani River except the main Naqoura-Tyre-Saida (Sidon)-Beirut highway and all areas to the west of it.
Mauritania
Risk Level: **High Risk + Extreme**

**Country Overview:**

The security situation in Mauritania is highly dangerous, and specific parts of the country are extremely unsafe. It is advised to reconsider travel to Mauritania due to crime and terrorism. There is a high level of risk to personal safety and security because of activities by terrorist groups and violent crimes, such as mugging, armed robbery, kidnapping, rape, and assault.

It is advised to avoid travel to: the province of Tiris Zemmour (except the town of Zouérat); the province of Adrar (east of Atar); the provinces of Tagant, Hodh el Chargui, Hodh El Gharbi, Assaba and Guidimaka; and within 25km of the Western Sahara border (except the Noukchott - Nouadhibou corridor).

Mexico
Risk Level: **Moderate Risk + Extreme**

**Country Overview:**

The security situation in some parts of Mexico is highly dangerous, with specific areas of the country being extremely unsafe. Travelers to Mexico should exercise increased caution due to crime. There is a high level of risk to personal safety and security in certain areas because of widespread violent crime, such as homicide, kidnapping, carjacking, and robbery.

It is advised to avoid all travel to: Colima state, Guerrero state, Michoacán state, Sinaloa state, and Tamaulipas state. It is further advised to limit all but essential travel to: Chihuahua state, Coahuila state, Durango state, Estado de Mexico state, Jalisco state, Morelos state, Nayarit state, Nuevo Leon state, San Luis Potosi state, Sonora state, and Zacatecas state.
**Niger**

Risk Level: **High Risk + Extreme**

**Country Overview:**

The security situation in Niger is highly dangerous, with large parts of the country being extremely unsafe. It is advised to reconsider travel to Niger due to crime and terrorism. There is a high level of risk to personal safety and security because of terrorist attacks, kidnapping threats, and violent crime, such as armed robbery. On June 4, 2018, three suicide bombers killed at least 9 people at a mosque in the southeastern city of Diffa.

It is advised not to travel at all to the following parts of Niger: all areas of the country north of the city of Abalak, including the Air Massif region; the province of Agadez (including the road linking Assamakato Agadez and the city of Agadez); areas of Tahoua province north of the city of Tahoua, including the city itself; the area of Tillabéri province north of Niamey, including the road from Niamey to Gao and the road from Niamey to Menaka; areas within 40km of the border with Nigeria in Diffa, Zinder, and Maradi provinces; and the Parc du W, plus the contiguous Dosso and Tamou hunting zones. It is further advised to limit all but essential travel to the rest of Niger, including the capital city Niamey.

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**Nigeria**

Risk Level: **High Risk + Extreme**

**Country Overview:**

The security situation in Nigeria is highly dangerous, and specific parts of the country are extremely unsafe. It is advised to reconsider travel to Nigeria due to crime, terrorism, and piracy. There is a high level of risk to personal safety and security because of the threat posed by extremist organizations, kidnappings, and violent crime, such as armed robbery, assault, carjacking, and rape. Political protests in Abuja and other Nigerian cities have become frequent and are of particular concern. Travelers should exercise caution, monitor local media, and avoid crowds or demonstrations.

It is advised to avoid travel to: Borno State; Yobe State; Adamawa State; Gombe State; riverine areas of Delta, Bayelsa, Rivers, Akwa Ibom and Cross River States; and within 20km of the border with Niger in Zamfara State. It is also advised to limit all but essential travel to: Bauchi State; Zamfara State; Kano State; Kaduna State; Jigawa State; Katsina State; Kogi State; within 20km of the border with Niger in Sokoto and Kebbi States; non-riverine areas of Delta, Bayelsa and Rivers States; and Abia State.
Pakistan
Risk Level: High Risk + Extreme

Country Overview:
The security situation in Pakistan is highly dangerous, and a significant part of the country is extremely unsafe. It is advised to reconsider travel to Pakistan due to terrorism. There is a high level of risk to personal safety and security because terrorist attacks remain frequent and political demonstrations often become violent. Following a terrorist attack in the Kashmir region on February 14, 2019, there are heightened tensions between India and Pakistan. Travelers should continue to exercise caution, monitor news reports, and follow the advice of local authorities.

It is advised to avoid all travel to: the Federally Administered Tribal Areas; the districts of Charsadda, Kohat, Tank, Bannu, Lakki, Dera Ismail Khan, Swat, Buner and Lower Dir in Khyber-Pakhtunkhwa; the city of Peshawar and districts south of the city, including travel on the Peshawar to Chitral road via the Lowari Pass; northern and western Balochistan; and on the Karakoram Highway between Islamabad and Gilgit. It is further advised to limit all but essential travel to: the Kalesh Valley, the Bamoboret Valley and Arandu District to the south and west of Chitral in Khyber-Pakhtunkhwa; the city of Quetta; and the city of Nawabshah in Sindh Province, and areas of interior Sindh to the north of Nawabshah.

Philippines
Risk Level: Moderate Risk + Extreme

Country Overview:
The security situation in some parts of the Philippines is highly dangerous, with specific areas being extremely unsafe. It is advised to exercise increased caution throughout the country due to crime, terrorism, and civil unrest. There is a high level of risk to personal safety and security because of occasional kidnappings and bombings, as well as widespread and common criminal activity, such as con games, pick pocketing, internet scams, and credit/ATM card fraud. National and local elections will be held across the country on May 13, 2019. Travelers should keep up to date with local information and avoid any demonstrations.

It is advised to avoid all travel to western and central Mindanao and the Sulu Archipelago (including the southern Sulu Sea) because of terrorist activity and clashes between the military and insurgent groups.

It is also advised to limit all but essential travel to the remainder of Mindanao (excluding Camiguin, Dinagat, and Siargao Islands) and to the south of Cebu province, up to and including the municipalities of Dalaguete and Badian, due to the threat of terrorism.
**Russia**  
**Risk Level:** Moderate Risk + Extreme

**Country Overview:**

The security situation in some parts of Russia is highly dangerous, with specific areas being extremely unsafe. It is advised to exercise increased caution in Russia due to terrorism, harassment, and the arbitrary enforcement of local laws. There is an overall moderate risk to personal safety and security because of terrorist groups continuing to plot attacks, the existence of civil unrest and occupying authorities in some areas, and the mistreatment and extortion of foreign nationals by law enforcement and other officials.

It is advised to avoid all travel to: parts of the North Caucasus region (including the Mount Elbrus area), such as Chechnya, Dagestan, Ingushetia, North Ossetia, and the southeast part of Stavropol bordering Chechnya, Kabardino-Balkaria, and Karachay-Cherkessia; and within 10km of the border with the Ukrainian Donetsk and Lugansk Oblasts. It is further advised to limit all but essential travel to: within 10km of the border with the Ukrainian Kharkiv Oblast.

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**Saudi Arabia**  
**Risk Level:** Moderate Risk + Extreme

**Country Overview:**

The security situation in some parts of Saudi Arabia is highly dangerous, with specific areas being extremely unsafe. It is advised to exercise increased caution in Saudi Arabia due to terrorism and armed conflict. There is an overall moderate risk to personal safety and security because terrorist groups continue plotting possible attacks in the country, and rebel groups operating in Yemen have fired long-range missiles into Saudi Arabia, specifically targeting populated areas.

It is advised to avoid all travel to within 10km of the border with Yemen. It is further advised to limit all but essential travel between 10km and 80km of this border, including the cities of Jizan and Najran.
**Sudan**

Risk Level: **High Risk + Extreme**

**Country Overview:**

The security situation in Sudan is highly dangerous, with some parts of the country being extremely unsafe. It is advised to reconsider travel to Sudan due to terrorism and civil unrest. There is a high risk to personal safety and security because of the possibility of violent civil unrest, armed conflict, and criminal activity, which is particularly present in the country’s contested regions, although kidnappings, armed robberies, and carjacking occur everywhere throughout the country. Protests and civil unrest since December 19, 2018, have led to a state of emergency across Sudan. On April 11, 2019, President Omar al-Bashir was removed from office by the Sudanese military. Authorities have clashed with protesters, using tear gas and live ammunition. Traffic and transportation disruptions also have occurred. As a result, the U.S. State Department ordered the departure of non-emergency U.S. government employees on April 11, 2019. U.S. citizens residing or traveling in Sudan are advised to depart the country. All travelers who remain in Sudan should exercise a high level of vigilance, avoid any protests or large gatherings, limit movements, and follow the instructions of local authorities.

It is advised to avoid all travel to the following parts of Sudan: the Darfur region; the Abyei region; South Kordofan state; Blue Nile state; the southern area of West Kordofan state (previously part of South Kordofan); within 50km of the border with South Sudan in White Nile and Sennar states; and within 200km of the border with Libya. In addition, it is advised to limit all but essential travel to: within 100km of the border with Egypt in areas west of the Nile Valley; within 20km of the border with Eritrea; and areas of North Kordofan and West Kordofan states south of the Kost-El Obeid-En Nahud road.
Tunisia
Risk Level: Moderate Risk + Extreme

Country Overview:
The security situation in some parts of Tunisia is highly dangerous, with specific areas being extremely unsafe. It is advised to exercise increased caution in Tunisia due to terrorism. There is an overall moderate risk to personal safety and security because terrorist groups that are active in the country pose a significant threat to travelers in the region. A state of emergency is in effect in Tunisia, imposed after a suicide attack on a police bus on November 24, 2015.

It is advised to avoid all travel to: Mount Chaambi National Park area, including the town of Kasserine; within 30 kilometers of the border with Algeria; within 30 kilometers of the rest of the Libya border area north of Dhehiba, including the town of Ben Guerdane and the immediate surrounding area; and the militarized zone south of the towns of El Borma and Dhehiba. It is also advised to limit all but essential travel to: areas south of, and including, the towns of Nefta, Douz, Medenine, and Zarits; and the Governorates of Kasserine, Le Kef, Jendouba, and Sidi Bouzid.

Turkey
Risk Level: High Risk + Extreme

Country Overview:
The security situation in some parts of Turkey is highly dangerous, with specific areas of the country considered as extremely unsafe. It is advised to reconsider travel to Turkey due to terrorism and arbitrary detentions. There is a high-level risk to personal safety and security because terrorist groups continue to plot possible attacks in Turkey, and government security officials have detained individuals on scant or secret grounds that appear to be mostly politically motivated.

It is advised to avoid all travel to within 10km of the border with Syria and to the city of Diyarbakir. It is further advised to limit all but essential travel to the remaining areas of Sirnak, Mardin, Sanliurfa, Gaziantep, Diyarbakir, Kilis, and Hatay provinces, as well as the provinces of Siirt, Tunceli, and Hakkari.
Country Overview:

The security situation in eastern Ukraine is highly dangerous, with some areas considered to be extremely unsafe. Overall, it is advised to exercise increased caution throughout Ukraine due to crime and civil unrest. There is an extreme risk to personal safety and security in specific parts of eastern Ukraine because of armed conflict with occupying authorities in non-government-controlled areas. Volodymyr Zelensky won Ukraine’s presidential election in a second round of voting on April 21, 2019. There is an increased likelihood of public rallies and demonstrations during this time. Travelers should remain vigilant, avoid any demonstrations or large gatherings, and follow the advice of local authorities.

It is advised to avoid all travel to Donetsk oblast, Luhansk oblast, and Crimea.