



A&M Care Plan 2011 Prescription Drug Program

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medco[®]
MAKING MEDICINE SMARTER[™]

Today's Agenda

Your Medco prescription drug plan

Benefit description

Specialized care

Tools to help manage the prescription benefit

- > Online Gaps in Care Alerts
- > My Rx Choices®
 - The importance of generic utilization
- > Other available resources

Your Medco Prescription Drug Plan



- Medco administers your prescription drug plans on behalf of the A&M Care plan.
- Benefit includes both a retail and mail component
- Medco has its own mail-order pharmacy – **Medco By Mail** – where specialist pharmacist focus on compliance and lower cost options for the patient, and the automated filling system ensures the prescription is filled accurately.*

- Medco's mail-order pharmacies fill about 2 million prescriptions per week through a highly automated process that is 99.9997% accurate and is 23 times more accurate than a retail pharmacy

“Dispensing Error Rate in a Highly Automated Mail-Service Pharmacy Practice”; Nov. 2007, *Pharmacology*, a peer-reviewed journal of the American College of Clinical Pharmacy

Prescription Drug Benefits

Annual Deductible	\$50 per person per year / \$150 per family per year (Deductible does not apply to medical plan deductible)		
Access Options	Generic Drug Copayment	Preferred Drug Copayment	Non-Preferred Drug Copayment
Retail – 30 Day Supply: Refills allowed as prescribed. (Good option for new prescriptions)	\$10	\$35	\$60
Retail – 90 Day Supply: Refills allowed as prescribed	\$30	\$105	\$180
Medco By Mail Pharmacy: Up to a 90-day supply*. Refills allowed as prescribed (Best option for maintenance medication)	\$20	\$70	\$120

* If you obtain a brand-name drug when a generic equivalent is available, you are responsible for the generic copayment plus the cost difference between the brand-name drug and the generic drug. Chart illustrates benefits when network pharmacies are used. Non-network benefits are also available; see Enrollment Guide for more information.

Rx Benefit Information Specifics

- Retail pharmacies are ideal for acute (short-term) and new medication you may be trying for the first time.
- If you are taking a long-term medication, filling your prescriptions through Medco's mail-order pharmacy provides several benefits.
 - You have access to specialist pharmacists whether you fill your prescription at a retail pharmacy or at Medco By Mail



The right care at the right time

Specialization and member engagement are critical components to controlling health care costs and driving quality clinical outcomes:

- **Specialist pharmacists**
- **Accredo Health Group**
- **Personalized medicine offering**
- **Closing gaps in care**
- **My Rx Choices®**
- **Medco App**
- **Generics Rx Advantage**
- **Worry Free Fills**
- **Other available resources**

Patient Stratification: Patient's needs vary...

Patient Care Needs

Well	Acute	Chronic	Complex
Wrinkles, Baldness, Impotence, Contraception, Vitamins	Colds & Flu, Strep Throat, Ear Infection, Headache, Sprains	Heart Disease, Diabetes, Arthritis, High Blood Pressure, High Cholesterol, Dementia, Back Pain	Multiple Chronic Conditions such as Heart Failure & Diabetes, Cancer, AIDS, Multiple Sclerosis, Metabolic Syndrome

Medco's specialist pharmacists create a patient experience which improves the quality of member care and increases savings for our clients

Specialty Medications

accredo.

medco®

- Medco provides specialty pharmacy services through our wholly owned subsidiary Accredo Health Group, Inc.
- What are specialty medications?
 - **High cost infused, injectable, and oral drugs that typically require added supervision of patient therapy**
- With Accredo, at no extra cost, you'll benefit from:
 - **Personalized Care**
 - **Safe, prompt delivery**
 - **24 hour support**
 - **Refill reminders**
 - **Drug safety monitoring**

Personalized Medicine

- A science that examines the inherited variations in genes that dictate drug response (whether a drug will be effective or safe)
- Personalizing drug therapy based on each patient's genetic variability
- A&M Care provides this service to new patients if both the doctor and patient wish to take the test
- Testing consists of a cheek swab

Types of Gaps in Care Online Alerts

Adherence

Immediate action required: Order medication



Our records indicate that your refill for [Januvia 50mg](#) is 14 days late and that you may be running low on your blood sugar medication.

Why is this important?



Taking Januvia as prescribed by your doctor will help you to keep your blood sugar under control. Keeping your blood sugar u . . . [read more](#)

Suggested specialist pharmacist resources:*

- ★ [Know Your Diabetes ABCs. \(A1C, Blood Pressure, and Cholesterol\)](#)
Provided by National Institute of Diabetes and Digestive and Kidney Diseases
- [Blood Glucose Control](#)
Provided by American Diabetes Association
- [Understanding Medicines: Pills for Diabetes: At a Glance](#)
Provided by Liberty Medical Supply, Inc., a Medco Health Solutions, Inc. company
- [Oral Medication](#)
Provided by American Diabetes Association

Select one of these options to address this alert:

- I would like to order my medication now
- I am not ready to order now; send me an e-mail reminder
- I am no longer taking this medication ([what happens next?](#))
- I'm getting this medication somewhere else
- Other ([what happens next?](#))

CONTINUE

Need help with this alert?

Contact a Medco Specialist Pharmacist now

Need to talk to your doctor?

Print information you can share with your doctor

Omission

Action required: Talk to your doctor



Most individuals with diabetes over the age of 40 who have additional risk factors of heart disease benefit from a type of cholesterol medication called a statin. Our records indicate you are not taking one of these medicines. Please check with your diabetes doctor to see if you should be taking a statin medication.

Why is this important?



Medications known as statins have been shown to reduce the risk of heart disease, stroke, and death in patients with diabete . . . [read more](#)

Suggested specialist pharmacist resources:*

- ★ [Know Your Diabetes ABCs. \(A1C, Blood Pressure, and Cholesterol\)](#)
Provided by National Institute of Diabetes and Digestive and Kidney Diseases
- [All About Cholesterol](#)
Provided by American Diabetes Association

Select one of these options to address this alert:

- I would like to print this and speak to my doctor
- I am getting a statin from somewhere else
- I am not currently taking a statin

CONTINUE

Need help with this alert?

Contact a Medco Specialist Pharmacist now

On track

Keep up the good work!



Our records indicate you are on track with:

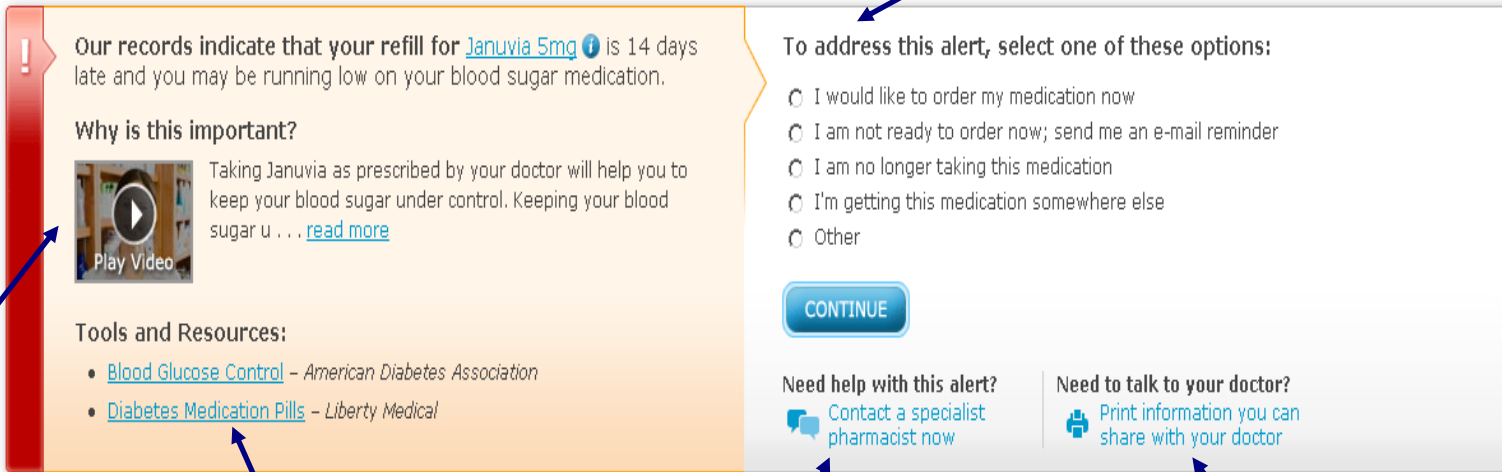
- [Blood pressure medication](#)
- [Monitoring your blood sugar](#)
- [Taking an ACE or ARB medication](#)

Close-up: Sample alert message

Information about the alert and why it's important

Ability for patients to self-close gaps as appropriate


IMMEDIATE ACTION REQUIRED:



The alert message is displayed in a white box with a red vertical bar on the left side. The text is as follows:

Our records indicate that your refill for [Januvia 5mg](#) is 14 days late and you may be running low on your blood sugar medication.

Why is this important?

 Taking Januvia as prescribed by your doctor will help you to keep your blood sugar under control. Keeping your blood sugar u... [read more](#)


Tools and Resources:


- [Blood Glucose Control](#) – American Diabetes Association
- [Diabetes Medication Pills](#) – Liberty Medical

To address this alert, select one of these options:

- I would like to order my medication now
- I am not ready to order now; send me an e-mail reminder
- I am no longer taking this medication
- I'm getting this medication somewhere else
- Other

[CONTINUE](#)

Need help with this alert?
 [Contact a specialist pharmacist now](#)

Need to talk to your doctor?
 [Print information you can share with your doctor](#)

Video clips relevant to each alert

Links to additional resources

Access to e-mail Medco pharmacists

Printable information to take to the doctor

My Rx Choices®

Your online savings tool

- Lower your cost for prescriptions with My Rx Choices
- Simply visit www.medco.com. You'll need to take a moment to register before using this service. You can also call 1-866-544-6970.
- You have to shop your benefit. Prices can vary at different retail pharmacies

My Rx Choices

Available through Customer Service or on www.medco.com

[Terms of use](#) | [Privacy](#) | [View messages](#) | [Logout](#)



Prescriptions & benefits

Health & wellness

Nonprescription items

Go to: [Prescriptions](#)






items in cart: **1** [view details](#)

My Rx Choices

[Have a question? Need help? learn more >>](#)

Review your savings choices.

These choices could save you the most money based on your prescription plan.

Medication	You pay	Lower-cost choice	You pay	YOU SAVE
Chris (D.O.B. 07/01/1960)				
<input type="radio"/> Protonix 40 MG Tablet (brand) Dosage: 1 Tablet, once a day Pharmacy: Retail Coverage rules may apply. How much does my plan pay?	\$480.00 per year \$40.00 for 30 days	<input checked="" type="radio"/> omeprazole 20 MG Tablet (generic alternative  Dosage: 1 Tablet, once a day Pharmacy: Medco By Mail Coverage rules may apply. How much does my plan pay?	\$40.00 per year \$10.00 for 90 days	\$440.00 per year Explain my savings Compare drugs <input type="button" value="view all alternatives"/>
<input type="radio"/> Allegra 60 MG Tablet (brand) Dosage: 1 Tablet, once a day Pharmacy: Retail Coverage rules may apply. How much does my plan pay?	\$434.16 per year \$36.18 for 30 days	<input checked="" type="radio"/> fexofenadine 60 MG Tablet (generic equivalent  Dosage: 1 Tablet, once a day Pharmacy: Medco By Mail Coverage rules may apply. How much does my plan pay?	\$40.00 per year \$10.00 for 90 days	\$394.16 per year Explain my savings Compare drugs <input type="button" value="view all alternatives"/>
<input type="radio"/> Lipitor 40 MG Tablet (brand) Dosage: 1 Tablet, once a day  View report >> Pharmacy: Retail Coverage rules may apply. How much does my plan pay?	\$300.00 per year \$25.00 for 30 days	<input checked="" type="radio"/> simvastatin 80 MG Tablet (generic alternative  Dosage: 1 Tablet, once a day  View report >> Pharmacy: Medco By Mail Coverage rules may apply. How much does my plan pay?	\$40.00 per year \$10.00 for 90 days	\$260.00 per year Explain my savings Compare drugs <input type="button" value="view all alternatives"/>

[<< previous](#)

I choose to have my doctor review the choices listed above for a savings of \$1,094.16 per year based on today's prices.

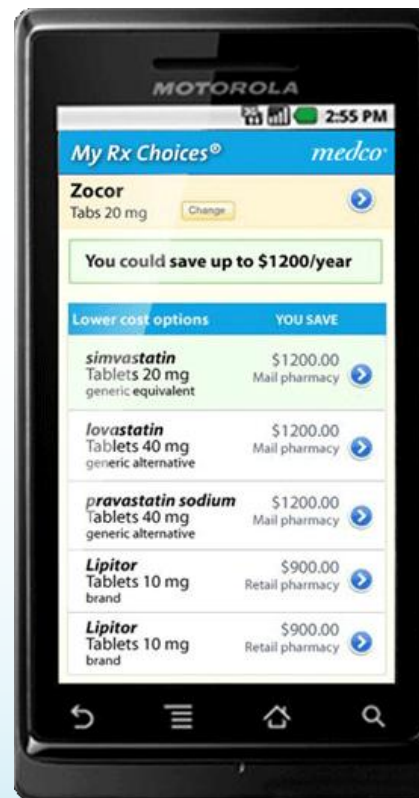
[continue](#)

My Rx Choices®

Helps you make the right decisions with your physicians while still in the exam room.

Benefit-specific pricing so the right drug gets prescribed on Day 1.

Coverage Review notification and real-time drug interaction checker to avoid disruption

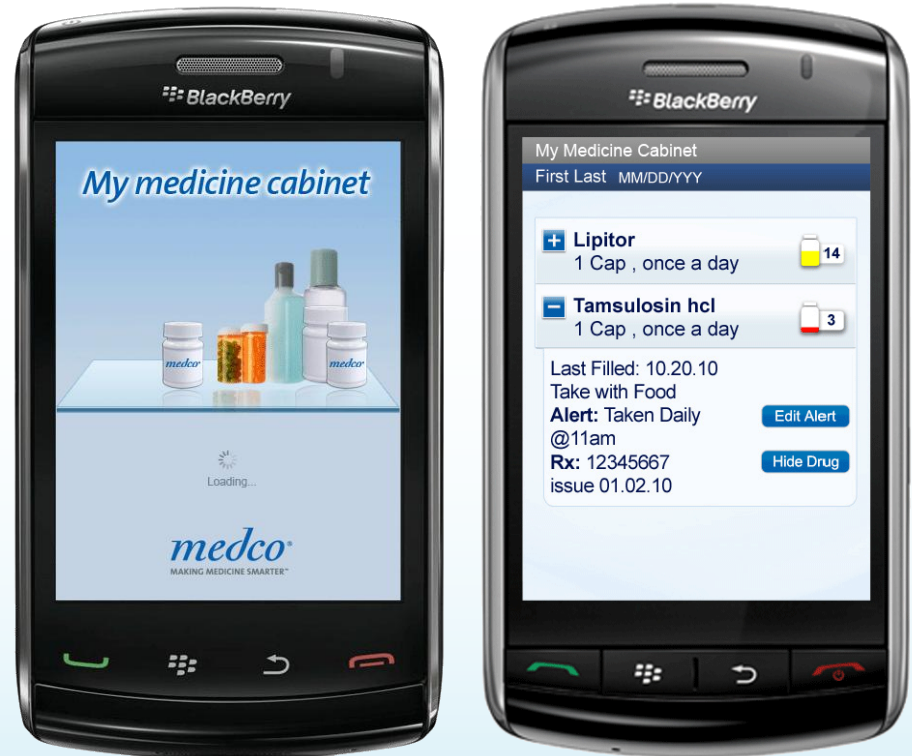


Medicine Cabinet

Provides you with an easy tool to cope with the array of instructions that accompany multiple prescriptions

Sends alerts to your Smartphone so you never miss a dose or refill.

Loads and updates your medications for you so you don't have to worry about it



Virtual ID Card

Provides you with a virtual prescription card right on your phone



Generics Rx Advantage Waiver Opportunities

Generics Rx Advantage Includes Two Types of Waiver Opportunities*:

Generic Copay Waivers

- Full copay waivers for a 3-months supply for new* generic prescriptions at the Medco Pharmacy, including:
 - > **Any brand prescription (retail or mail) submitted as a generic at mail;**
 - > **Retail generic prescriptions moved to mail;**
 - > **New generic prescriptions submitted at mail**

Off-patent Copay Waivers

- Copay waivers (up to \$25) for selected brand prescriptions that will soon become generic, when these prescriptions are moved from a retail pharmacy to the Medco Pharmacy
- Off-patent copay waivers will be available 6 months prior to the expected generic launch of selected brands.

You must respond to Medco in order to participate in the program and be eligible for waivers

Worry-free Fills™

- Worry-free Fills™ is an automatic refill program available to A&M Care members who utilize the Medco Pharmacy.
- Members enroll for the program at the drug level.
- If you choose to enroll a particular medication, a reminder letter is either mailed or emailed to you approximately three weeks before the prescription is filled.

Information Resources

- A&M Benefits Web site – www.tamus.edu/benefits/
 - Pharmacy Benefit Highlights
 - List of participating retail pharmacies
 - Download forms
- Medco Member Web site – www.medco.com
 - Formulary Information
 - Locate a Participating Pharmacy
 - Health and Wellness Information
 - My Rx Choices® / Price a Medication
 - Online Ordering
 - Order Medco By Mail Refills
 - Download forms
 - Medco widget
- Customer Service Number [1-866-544-6970](tel:1-866-544-6970)
- Annual Enrollment Book