

2021-2022 COBRA Continuation Premiums				
Plan	Participant Only	Participant & Spouse	Participant & Children	Participant & Family
A&M Care*	\$690.36	\$1,263.68	\$1,088.69	\$1,497.18
A&M Dental PPO	\$ 30.00	\$ 60.00	\$ 63.00	\$ 96.00
DeltaCare USA Dental HMO	\$ 21.50	\$ 38.23	\$ 38.52	\$ 59.83
Superior Vision	\$ 7.75	\$ 16.44	\$ 12.71	\$ 22.66

*The health care premium increases by \$30/month if you or your spouse is a tobacco user.