

## Your health at your fingertips

Get information about the cost of procedures, find a doctor or request an ID card. You can do it all – simply and securely – on Blue Access for Members (BAM<sup>SM</sup>).

## With BAM, you can:

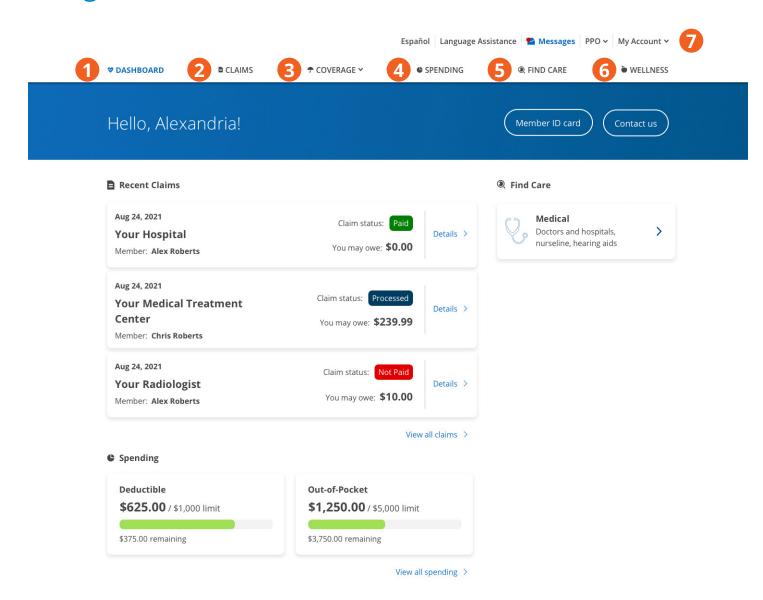
- Find in-network care at a location near you.
- View your digital member ID card, or order new or replacement ID cards.
- Review your benefits and dependent coverage. Covered dependents age 18 and over can have their own BAM accounts.

If you have already registered for a BAM account, you don't need to do a thing. The update will apply to your existing account.

## Sign up today

- 1. Go to bcbstx.com/tamus.
- 2. Click Log In.
- 3. Click Register now.
- **4.** Use the information on your member ID card to complete the registration process.

## Navigation has never been easier



- **Dashboard** See your family's claims and health care spending at a glance, order an ID card, navigate the site quickly and easily.
- 2 Claims View quick claims summaries or download your Explanation of Benefits (EOB).
- **Coverage** See benefit highlights for your medical and pharmacy plans, access identity protection and more.
- 4 Spending Keep track of your deductible and out-of-pocket expenses.
- Find Care Find in-network doctors, hospitals and other health care providers quickly and easily.
- **Wellness** Take control of your well-being with mental health tools, preventive care guidelines, information and health tips for managing health conditions and living a healthier life.
- **My Account** Use this menu for everything else: View your health history, update your profile and preferences, sign up for electronic EOBs, find claim forms, manage privacy preferences and contact us.