Finaly...

You don't have to give up the foods you love to lose weight and keep it off.

The Naturally Slim® program has the secret to lasting weight loss and it doesn't include starving, counting calories or eating diet food. This simple, 10-week online program helps you change how you eat instead of what you eat. Plus, it will help you reduce your chances of getting a serious disease, like diabetes or heart disease, and increase your chance at living a longer, healthier life.

Eat what you love AND improve your health! FINALLY! And, the Texas A&M University System is now offering Naturally Slim to you.



The next class begins
July 13, 2015 and
participation is limited.

To apply and learn more, visit **www.naturallyslim.com/TAMUS** between June 15 - 26, 2015.



