

2023-2024 COBRA Continuation Premiums

Plan	Participant Only	Participant & Spouse	Participant & Children	Participant & Family
A&M Care*	\$907.84	\$1,481.16	\$1,306.17	\$1,714.66
A&M Dental PPO	\$30.60	\$61.20	\$64.26	\$97.92
DeltaCare USA Dental HMO	\$21.50	\$38.23	\$38.52	\$59.83
Superior Vision	\$7.75	\$16.44	\$12.71	\$22.66

* The health care premium increases by \$30/month if you or your spouse is a tobacco user.