



Why is having a good vision plan so important?

Routine vision exams are important for your eyes and may help catch early signs of serious problems, such as diabetes, high blood pressure, heart disease, high cholesterol and other conditions.¹

Yearly exams are important, even if you have perfect vision, so help prioritize better vision with MetLife Vision Insurance featuring the **Superior Vision**[®] network.

Why should I enroll now?

- Easy access to vision care with one of the largest networks of eye care professionals
- Group rates
- Convenient payroll deduction

Did you know...



79%

of adults use a form of vision correction, including glasses and/or contact lenses.²

You can get MetLife Vision Insurance for monthly rates less than the cost of...



A medium cup of coffee³

1x per week

An example of how MetLife Vision Insurance can help.

I never miss my children's games and chaperone all their dances. During a recent eye exam, my doctor identified the early signs of diabetes. Thanks to our vision coverage, I have peace of mind knowing the doctor caught it early. Now, I can be there to see my children play every game and never miss a dance.*

*This is a fictional example. Superior Vision and MetLife do not claim that these are typical results that members will generally achieve.

Advantages of MetLife Vision Insurance with the Superior Vision network

Benefit overview	Vision insurance can help lower your out-of-pocket costs for vision care and eyewear.
Why is it needed?	<p>Using vision insurance for routine eye exams can help catch eye and vision issues early when they are more treatable.¹</p> <p>Getting vision coverage through your employer can also help you save⁴ on routine vision care, eyewear, contact lenses and more.</p>
Who is covered	<p>Choose which plan best suits you:</p> <ul style="list-style-type: none"> • Employee Only • Employee and Eligible Family Members
Covered services	<ul style="list-style-type: none"> • Routine eye exams • Eyewear • Lens enhancement options including, but not limited to, polycarbonate, UV coating, scratch-resistant, blue light filtering and progressive lenses⁵
Additional value	<ul style="list-style-type: none"> • Discount on laser vision correction⁶ • Access to a large network of eye care professionals at retail and private locations. Enjoy low out-of-pocket costs when visiting a participating vision care provider. • The top 50 retailers in-network,⁷ including America's Best Contacts & Eyeglasses, Costco Optical, Eyeglass World, LensCrafters, Pearle Vision, Target Optical, Visionworks and Walmart⁸ • Online in-network eyewear stores, including Glasses.com, ContactsDirect, 1-800 Contacts and Befitting⁸ • No additional cost for a hearing exam and a discount of up to 40% on the national average for hearing aids⁹

Your benefit in action

Here's how easy it is to use Vision Insurance:



Choose a licensed vision care provider from a large network of ophthalmologists, optometrists and opticians at private practices or retail locations.



There are no claims to file when you go to a participating, in-network vision provider. You don't even need an ID card.



Premiums are conveniently paid through payroll deduction. So, you won't have to worry about writing a check or missing a premium payment.

Frequently asked questions

Why should I enroll?

- A. A vision plan can provide benefits for you and those covered in your family. Even if you don't wear glasses or contacts, regular visits to your eye doctor **may help contribute to your overall health**. Routine vision exams can help catch serious problems like diabetes and high blood pressure.¹

What services are covered under my plan?

- A. Your plan offers coverage on routine eye exams, frames and lenses. Coverage also includes **access to some of the latest lens technology and a discount on LASIK**.⁶
You can even save money on **hearing exams and get discounts on hearing aids**.⁹

What kinds of frames are covered?

- A. Your eye care professional can help you choose from classic styles to the latest designer frames. Select from **hundreds of options** available to you.

Where can I choose my eye care professional and eyewear from?

- A. You can **visit any licensed eye care professional**. Visit a participating, in-network eye care provider and enjoy lower out-of-pocket costs.⁴ Choose from the thousands of ophthalmologists, optometrists and opticians at private practices or popular retail locations. Or visit online in-network eyewear stores. Out-of-network provider costs may be higher, and you will have to pay out of pocket. You can submit a claim for reimbursement.

When can I enroll?

- A. You can enroll during your **open enrollment period**.

Enroll at sso.tamus.edu

**Questions? Call MetLife Vision at
1-833-EYE-LIFE (1-833-393-5433).**

1. Kelley, OD, MS, Sonia, "Are eye exams just as important as other health exams?" AllAboutVision.com, April 13, 2022, <https://www.allaboutvision.com/eye-care/eye-exams/rethinking-importance-of-eye-exams/>.
2. The Consumer inSights Q1 2022 Report, The Vision Council, May 11, 2022, <https://thevisioncouncil.org/blog/vision-council-releases-consumer-insights-q1-2022-report>.
3. Cost of Living in United States, Numbeo, December 2022, https://www.numbeo.com/cost-of-living/country_result.jsp?country=United+States.
4. Your actual savings from enrolling in a vision plan will depend on various factors, including plan premiums, number of annual family visits to an eye care professional and the cost of services and materials received. Be sure to review the Schedule of Benefits for your plan's specific benefits and other important details.
5. Lens enhancements are available at participating private practices. Pricing is subject to change without notice. Please check with your provider for details and availability prior to receiving services. Additional discounts may not be available in certain states or at certain retail locations.
6. Laser vision correction services administered by QualSight, LLC. May not be available in all service areas. Superior Vision makes no representations regarding any services provided by QualSight, LLC.
7. For a list of participating providers, use the Find a Vision Provider tool at metlife.com. Select Find a Vision Provider, choose Superior Vision as the network, complete the information requested and hit the Search Now button.
8. All product and company names are trademarks or registered trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them.
9. Hearing services administered by Your Hearing Network. May not be available in all service areas. Superior Vision makes no representations regarding any services provided by Your Hearing Network.

MetLife vision benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Certain claims and network administration services are provided through Superior Vision Services, Inc. ("Superior Vision"), a Delaware corporation. Superior Vision is part of the MetLife family of companies. Like most group benefit programs, Superior Vision by MetLife plans contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.